



# 4 Reasons Not to Skip the Sabbath

**Exodus 20:8-11**

1. Sabbath is a \_\_\_\_\_ to \_\_\_\_\_.  
(Exodus 20:8-11)

2. Sabbath is a \_\_\_\_\_ to \_\_\_\_\_.  
(Isaiah 58:13-14a)

3. Sabbath is a \_\_\_\_\_ to \_\_\_\_\_.  
(Genesis 2:1-3)

4. Sabbath is a \_\_\_\_\_ to \_\_\_\_\_.  
(Matthew 11:28-30)

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